

## 2022 Holiday Edition



Better Health through Better Medical Treatment and Prevention for the Children of Mbarara, Uganda

### Infant Critical Care Ward is Now Open and Caring for Newborns!

After 3 years of great effort, Holy Innocents opened its Infant Critical Care Ward (ICCW) this year and began treating the most vulnerable newborns in Mbarara. The ICCW treats children born prematurely or with critical illnesses. They are typically sent to Holy Innocents from 7 regional hospitals which do not have the newborn

expertise or resources we provide. The ICCW accommodates 20 infants at a time, who are treated with incubators, radiant warmers, oxygen, and more. It has space for mothers to stay with their children, to provide a loving, healing touch. Holy Innocents has treated newborns for several years, but we lacked a specialized facility with



adequate equipment and central monitoring. We're now able to do more than ever to care for these children. Thank you for being part of this life-giving project!



Baby A admitted for sepsis shortly after birth. See story below.



Nurse adjusts oxygen for ICCW patient as two mothers look on



Baby K born prematurely at 1lb 12 oz. See story below.

## Recent Children's Stories from Holy Innocents

Baby A was brought to Holy Innocents a week after he was born. His symptoms included a 102 degree fever, difficulty breathing, and inability to breastfeed. The hospital learned that he'd had a "natal teeth" extraction four days after birth, and diagnosed him with sepsis resulting from the extraction. He was placed on oxygen and nourished via a feeding tube, while his mother stayed with

him day and night in our Infant Critical Care Ward. After 12 days, he was greatly improved: off oxygen, no fever, breastfeeding well, and had no signs of infection. His mother was very happy and grateful to the staff!

Baby K was born prematurely after 28 weeks of gestation. He was referred to Holy Innocents weighing only 1 lb, 12 oz, and suffering from respiratory distress

syndrome, low oxygen saturation, and hypothermia. Baby K was quickly put on oxygen using CPAP, placed in a radiant warmer, and connected to an IV. He gained weight steadily, was weaned off CPAP, and was upgraded to "stable preterm" status.

We're so grateful to our supporters who have made these life-saving outcomes possible!

# What We've Achieved for the Children of Mbarara — With Your Help

Holy Innocents began in 2007 with an 8-acre parcel of land donated by the Archdiocese of Mbarara, and a dream of creating the first dedicated children's hospital in Uganda. We opened in 2009 with 50 in-patient beds and an outpatient facility. Over a few years we added a lab, pharmacy, canteen, X-ray, and more. In 2019 we opened a 9,000 sq. ft. surgical center with two operating rooms. Each year we treat an average of 20,000 outpatient children, 4,000 in-patients, and 600 children needing surgeries. We now have 81 in-patient



Hospital grounds in 2007—just a dream...

beds. The hospital has 90 staff – all Ugandan. It has been operationally self-sufficient since 2012. All of this is a wonderful blessing for the children of Mbarara and their families, made possible only because of your care, compassion and generosity. We are so very grateful!



Hospital grounds today (See key below)

① Out-patient, lab, pharmacy, administration. ② In-patient wards 1 & 2. ③ In-patient ward 3. ④ Surgical center & X-ray. ⑤ Infant Critical Care Ward. ⑥ Oxygen generation building. ⑦ Male staff housing. ⑧ Pavilion. ⑨ Visitor restrooms. ⑩ Canteen. ⑪ Private in-patient ward. ⑫ Female staff quarters. ⑬ Storage. ⑭ Records room.

### How You Can Help Holy Innocents Now!

This year, the hospital's top priority is to acquire additional CPAP machines and ventilators for neonates, other infants, and older children. CPAP machines increase a child's lung expansion and reduce the effort required to breathe, while ventilators are needed when a child is in acute





respiratory distress and cannot breathe on his or her own.

Our goal is to raise \$50,000 to purchase these CPAP machines and ventilators. Can you help us reach this goal? Thank you for your generosity!

# Holy Innocents Children's Hospital Soon to be a Book!

Tau Publishing, a premier Franciscan publishing house, will soon release A Pearl of Uganda: The Story of Holy Innocents Children's Hospital, written by Clay Hoffman. The book chronicles the history of the hospital—from dream to reality. It will be available in late 2022 or early 2023 and is dedicated to Saint Therese of Lisieux, patroness of the hospital. The majority of proceeds from the book will be donated to the hospital. When available, it can be ordered at taupublishing.com. Contact us at the email below so we can tell you as soon as it is in print!